

## INFLUENCE OF EXTRUDED CAMELINA SEED AND NATURAL COLOURANTS ADDITION IN LAYING HENS DIET ON EGGS YOLK COLOUR AND FATTY ACID COMPOSITION

N. Spasevski\*, T. Peulić<sup>1</sup>, V. Banjac<sup>1</sup>, R. Čolović<sup>1</sup>, L. Pezo<sup>2</sup>, S. Rakita<sup>1</sup>, N. Puvača<sup>3</sup>, B. Kokić<sup>1</sup>, O. Đuragić<sup>1</sup> and Z. Basić<sup>4</sup>

<sup>1</sup>Institute of Food Technology, University of Novi Sad, Novi Sad, Serbia

<sup>2</sup>Institute of General and Physical Chemistry, University of Belgrade, Belgrade, Serbia

<sup>3</sup>Department of Engineering Management in Biotechnology, University Business Academy, Serbia

<sup>4</sup>Military Medical Academy, Institute of Hygiene, Belgrade, Serbia

\*Corresponding author's e-mail: nedeljka.spasevski@fins.uns.ac.rs

### ABSTRACT

The aim of this study was to investigate the effects of inclusion of camelina-corn meal co-extrudate (CCM) and natural pigments in hen's diet on colour, fatty acid composition and total tocopherols content of eggs. One hundred and twenty Lohmann Brown laying hens were fed with corn-soybean meal based diet with addition of CCM at different levels: 0% (control K1 and K2), 16.60% (C1) and 27.60% (C2). Control treatments were different in the amount of fat and content of pigments. Control treatment K1 contains 3% fat with no pigments added, while control treatment K2 contains 5% fat with the addition of synthetic pigments. Treatments C1 and C2, which contained 1% carrots and 0.5% paprika, achieved desirable colour, demanded by consumers, 12.67 and 13.28 RYCF (Roche Yolk Colour Fan), respectively. Eggs from hens fed with CCM had significantly higher level ( $p \leq 0.001$ ) of  $\alpha$ -linolenic (3.89% for C1 and 4.29% for C2), docosahexaenoic (1.38% for C1 and 1.34% for C2) and eicosapentaenoic (0.17% for C1 and 0.18% for C2) acids than eggs originated from hens fed with the control diets. The  $\omega$ -6/ $\omega$ -3 ratios of 1.74 and 1.73 in treatments C1 and C2 respectively, were significantly lower ( $p \leq 0.001$ ) than  $\omega$ -6/ $\omega$ -3 ratios in the control treatments K1 and K2 (9.40 and 8.88, respectively). Hence, the obtained results showed the possibility of producing functional egg with desirable colour and fatty acid composition by adding CCM and natural pigments in hen's diet.

**Key words:** camelina-corn meal co-extrudate, paprika, carrot, functional egg, tocopherols.

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### INTRODUCTION

Since olden times, eggs have been regarded as an extremely nutritious and affordable food that is consumed all over the world. By adding nutrients such as omega-3 polyunsaturated fatty acids ( $\omega$ -3, PUFA), minerals, vitamins and carotenoids in the laying hen's diets, the nutritive profile of the eggs can be easily enhanced, thus producing the "designed" eggs or functional food (Grčević *et al.*, 2011). Over the past years, many studies have revealed certain compounds that have a positive effect on human health and can be transferred from the laying hens feed into the yolks (Bean and Leeson, 2003; Khan *et al.*, 2012). These eggs with altered nutrition can contribute to human health and nutrition.

The most important  $\omega$ -3 PUFA in human nutrition is  $\alpha$ -linolenic acid (ALA, C18:3  $\omega$ -3) which is a precursor for the synthesis of eicosapentaenoic acid (EPA, C20:5  $\omega$ -3) and docosahexaenoic acid (DHA, C22:6  $\omega$ -3). These compounds cannot be synthesized in the human body and the only way is to get them through food (Whelan and Rust, 2006; Čolović *et al.*, 2015a).

However, as Simopoulos (2009) state, the critical factor in fatty acid efficacy is not the absolute amounts of  $\omega$ -6 and  $\omega$ -3 but their ratio. The  $\omega$ -3/ $\omega$ -6 ratio should be close to the 1:1 since this was the ratio on which humans evolved. A more suitable  $\omega$ -3/ $\omega$ -6 ratio of fatty acids increases the conversion rate of EPA and DHA from ALA (Simopoulos, 2001).

The most common sources of ALA in human consumption are seeds and vegetable oils, while EPA and DHA are most commonly found in fish and oils of marine organisms (Grčević *et al.*, 2011). One way to increase these  $\omega$ -fatty acids in eggs is to add seeds of camelina or its products in laying hen's diet. *Camelina sativa*, also known as "false flax" and "gold of pleasure", despite its high nutritional value and modest agro-ecological requirements for cultivation is still insufficiently exploited in the feed industry. The content of oil in the seed ranges from 30% to 50% (Mladenov *et al.*, 2017). *Camelina sativa* oil contains a high level of  $\omega$ -3 fatty acids, 30-40% of ALA, about 15% of gondoic acid and about 3% of erucic acid (Mladenov *et al.*, 2017). It also contains 30% more antioxidants than other dietary oils (Budín *et al.*, 1995). Compared to other edible oils,

camelina oil is better stabilized and has a longer shelf life (Campbell, 2018).

Anti-nutritional factors present in camelina seed are glucosinolates – 13.2 to 36.2  $\mu\text{mol/g}$  dry seed (Schuster and Friedt, 1998). The high level of glucosinolates in feed, which negatively affect digestibility and nutrient utilization in poultry (Pekel *et al.*, 2009; Aziza *et al.*, 2013), can be easily destroyed by heat treatment (Jensen *et al.*, 1995) or hydrolyzed by water soaking (Tyagi, 2002). Among thermal treatments such as micronization, extrusion, or microwave heating, the most effective treatment for reducing glucosinolate content is extrusion, and even more effective is extrusion with moisture (Tripathi and Mishra, 2007). Extrusion of oilseeds is very difficult to perform alone, because of problems with lubrication, limited pellet expansion, and oil spillage. To overcome these problems, another raw material is often added to the oilseeds, mainly a protein component, which shows good oil adsorption capacity. In the present study, corn meal was used because it contains a small amount of oil (about 1%) due to germ removal, and because corn is used in laying hen's diet in quantities of over 50%, at a low market price and high energy content. The inclusion of such extruded seeds in animal nutrition improves dry matter intake, increases the biological value of proteins and the body weight of individuals (Tripathi and Mishra, 2007).

Although it has not been shown that the colour of the yolks affects the taste of eggs and the content of nutrients, it is one of the main attributes of the sensory quality. The colour of the yolk also depends on the feed quality for the laying hens and thus, can be influenced by the addition of carotenoids (Skřivan *et al.*, 2015). Since the high intake of carotenoid-rich foods has shown a number of positive effects on human health, eggs are considered a food that is extremely suitable for the transfer of carotenoids to the human food chain (Skřivan and Englmaierová, 2014). In accordance with modern trends in reducing the use of synthetic additives, alternative sources of natural carotenoids are evaluated such as corn, corn gluten, alfalfa (Galobart *et al.*, 2004), tomatoes, certain types of algae, dried foliage, carrot (Hammershøj *et al.*, 2010), paprika, marigold flower (Santos-Bocanegra *et al.*, 2004; Lokaewmanee *et al.*, 2010), as well as the flower of saffron (Rowghani *et al.*, 2006).

The main aim of this study was to produce eggs with functional characteristics by applying natural feed compounds. The investigation aimed at determining how feeding the laying hens with diet containing co-extruded camelina seed and corn meal (CCM) (supplemented with vitamin E) as a source of  $\omega$ -3 fatty acids, as well as paprika and carrot, as sources of natural pigments, influence basic physical parameters, egg yolk colour, fatty acid content and tocopherols of laying hen eggs.

## MATERIALS AND METHODS

**Materials:** The experiment with laying hens was conducted in accordance with the principles of the European Union Strategy for the Protection and Welfare of Animals. The experiment was conducted on 120 Lohmann Brown laying hens (in the 44<sup>th</sup> week of production) for one month. Hens were divided into four treatments (2 control and 2 experimental) with a total of thirty hens (six replicates with five birds in cages). All hens were housed in an environmentally controlled experimental facility with the temperature maintained at approximately 22°C. The house had controlled ventilation and lighting according to hybrid specifications. All hens were supplied with a diet of 110 g of feed/hen/day while the water was provided *ad libitum*. The samples were collected on 30<sup>th</sup> day of the experiment.

In control treatments laying hens were fed with corn-soybean meal basal diet. The first control treatment (K1) contained up to 3% fat with no pigments added, while second control treatment (K2) contained up to 5% fat with the addition of synthetic pigments (0.04 g/kg carophyll red and 0.015 g/kg carophyll yellow). In the first experimental treatment (C1) 16.60% of CCM was added (3% fat in the complete mixture originated from the CCM), while in the second experimental treatment (C2) 27.60% of CCM was added (5% fat in the complete mixture originated from the CCM). In both experimental treatments same amounts of natural source of pigments were added (1% carrot and 0.5% paprika) instead of synthetic pigments. This choice was made based on the preliminary results of the study by Spasevski *et al.* (2018) which aimed to examine the replacement of synthetic pigments with natural pigments such as marigold, carrots and paprika.

Composition and chemical analysis of complete mixtures with functional additives for feeding laying hens is presented in Table 1. Composition of mixtures was designed using the MX98, Machina Optima (IT Engineering) program.

**The extrusion of camelina seed:** The process of co-extruding corn meal with camelina seed in order to obtain functional feed was conducted at the feed pilot-plant, at the Institute of Food Technology in Novi Sad (Serbia). Camelina seeds were ground using a hammer mill (ABC Inženjering, Pančevo, Serbia) equipped with 2 mm sieve. Ground camelina seeds were mixed with corn meal (ratio 1:1) in double-shaft pedal mixer (Muyang SLHSJ0.2A, Muyang, Yangzhou, China) for 90 s. Obtained mixture of camelina and corn meal was then extruded using co-rotating twin-screw extruder (Bühler BTSK 30/28D, 7 sections, extruder barrel length 880 mm, length/diameter ratio = 28:1, Bühler, Uzwil, Switzerland). The extruder was equipped with two tempering tools for heating/cooling of sections of jacketed extruder barrel

using water as a medium. First tempering tool controlled temperature of sections 2-4, while the second controlled temperature of sections 6-7. A die plate that had one 4 mm diameter opening with cone inlet (total die open area

12.56 mm<sup>2</sup>) was used. The extrusion parameters used for extrusion of camelina seed-corn meal mixture are presented in Table 2.

**Table 1. Experimental diet composition and chemical analysis of the feed.**

Ingredients (%)	Experimental diet			
	K1	K2	C1	C2
Corn	57.60	55.40		
Corn meal			45.80	38.80
Co-extruded camelina			16.60	27.60
Soybean meal	20.00	20.00	15.00	11.00
Sunflower meal - 33% protein	8.50	9.00	8.50	8.50
Soybean oil	1.30	3.00		
Yeast	2.00	2.00	2.00	2.00
Monocalcium phosphate	1.20	1.20	1.20	1.20
Sodium bicarbonate	0.10	0.10	0.10	0.10
Premix	1.00	1.00	1.00	1.00
Limestone	8.00	8.00	8.00	8.00
Salt	0.30	0.30	0.30	0.30
Synthetic pigment (g/kg)		0.06 <sup>A</sup>		
Paprika			0.50	0.50
Carrot			1.00	1.00
<b>Nutrient composition (%)</b>				
Dry	89.55	89.81	91.26	91.28
Crude protein	15.47	15.33	15.58	15.34
Crude fat	3.86	5.51	3.83	5.66
Crude ash	11.56	11.26	11.65	11.07
Crude fibre	5.69	6.17	5.28	5.37
Calcium	3.73	3.94	3.90	3.83
Total phosphorus	0.59	0.57	0.56	0.57
Metabolizable energy <sup>B</sup> , MJ/kg	11.57	11.62	11.55	11.73

<sup>A</sup>Control treatment K2 contains: 0.04 g/kg carophyll red and 0.015 g/kg carophyll yellow

<sup>B</sup>Metabolizable energy was calculated mathematically using software package PanonMix © 2013

designed for animal feed mixture formulation. K1 and K2 - control treatments; C1 and C2 - experimental treatments.

**Table 2. Extrusion processing parameters.**

<b>Adjustable extruder parameters</b>	
Set temperature of sections 2,3 and 4 (°C)	125
Set temperature of sections 6 and 7 (°C)	145
Feeding rate (kg/h)	45
Screw speed (RPM)	950
<b>Dependent extruder parameters</b>	
Temperature <sup>A</sup> (°C)	
Section 3	119.6
Section 6	132.4
Die	129.0
Die pressure (bar)	5.0
Torque <sup>B</sup> (Nm)	68.2
SME <sup>C</sup> (Wh/kg)	95.1

<sup>A</sup>Measured by sensors located in the extruder barrel, <sup>B</sup>Motor load, 100% torque is 220 Nm, <sup>C</sup>Specific mechanical energy.

Output extrusion parameters (section temperatures, die temperature, pressure at the die, motor load and specific mechanical energy) were read directly from the PLC screen of the extruder. For achieving final length of the product, cutter at the outlet of the material from the die of the extruder was fitted with six knives, with a rotational speed set at 250 RPM. After the thermal treatment of camelina seed, the obtained product is highly susceptible to oxidation and polymerization. Therefore, antioxidants, vitamin E must be added to protect such product. After cooling, vitamin E was added in the co-extrudate (CCM) at 1.35 g/kg level and mixed in a twin-shaft pedal mixer for 90 s. The content of vitamin E in C1 and C2 treatment was 224 and 372.4 mg per g of feed, respectively. It was calculated after the addition of CCM in a final mixture at levels specified in Table 1.

**Chemical analysis:** Camelina seed and CCM were analysed for moisture, crude ash, crude protein, crude fat

and crude fibre. All analyses were performed in triplicate. The moisture content was determined according to AOAC (Association of Official Analytical Chemists) Method 934.01. Crude protein content was determined by Kjeldahl method according to the AOAC Method 978.04, crude ash, according to AOAC Method 942.05, crude fat, according to AOAC Method 920.39 and crude fibre according to AOAC Method 978.10 (AOAC, 1998). Content of total glucosinolates was determined according to MSZ-08-1908 (1989), involving absorbency measurement of Pd-complex glucosinolates at 425 nm. A standard curve was constructed with synigrine as a standard.

**Determination of the fatty acid composition of oilseeds, co-extrudates and eggs:** Lipids from egg yolk were extracted using the Folch method (Folch *et al.*, 1957). Fatty acid methyl esters (FAME) were prepared by transmethylation with a 14% methanol solution of boron trifluoride (Ivanov *et al.*, 2012). As a solvent, n-heptane was used. The obtained samples were analysed by gas chromatography on an Agilent 7890A system (Agilent Technologies, Santa Clara, CA, USA) as described by Spasevski *et al.* (2016). The GC regime was previously described by Čolović *et al.* (2015b).

**Determination of the content and composition of tocopherol in egg yolks:** The tocopherols were extracted from egg yolk after saponification (with aqueous solution of KOH and 95% ethanol) and extraction using cold deionised water and hexane. Preparation of samples was described by Rabrenović *et al.* (2016). The samples were analysed by high pressure liquid chromatography (Waters M600E, USA) on a Nucleosil 50-5 C18 reversed phase column with a fluorescence detector (Shimadzu RF-535, Japan). Mobile phase was 95% ethanol with a flow rate of 1.0 mL/min.

**Instrumental methods for determination of colour:** A Chromameter colour analyzer (Model CR-400, Minolta Co., Osaka, Japan) with attachment CR-A33f was used to measure the colour of egg yolk in terms of CIELab colour system where the colour values were expressed as L\* (lightness), a\* (redness/greenness) and b\* (yellowness/blueness).

Coloration of the egg yolk was measured visually according to RYCF (Hoffmann-La Roche Ltd, Basel, Switzerland), which is a scale of colours ranging from 1 (light pale) to 15 (dark orange).

$\beta$ -carotene was determined according to Spasevski *et al.* (2016). The spectrophotometric method is based on measuring the presence of pigments in yolk like total of  $\beta$ -carotene. Acetone was used for extraction and the results were expressed as  $\mu\text{g}$  of  $\beta$ -carotene per g of the sample.

**Statistical analysis:** Descriptive statistical data were expressed by means  $\pm$  standard error (SE),  $n=10$

repetitions for each treatment. Statistica software, version 10 (StatSoft Inc. 2010, USA)<sup>®</sup> was utilized to perform the analysis of variance (ANOVA) of the obtained results. Significant differences among treatment means were analysed by Tukey's HSD test.

## RESULTS AND DISCUSSION

The aim of this study was to examine the possibility of replacing synthetic pigments, which are nowadays used in conventional egg production, with natural sources of pigments and their influence on yolk colour, as well as the possibility of changing the egg nutritive profile by adding co-extruded camelina seed rich in omega-3 fatty acids in laying hens nutrition with the aim of functional eggs production. Based on the literature, it is known that the addition of fat feeds rich in polyunsaturated fatty acids, especially omega-3, into the diet of laying hens leads to an increase in the content of these fatty acids in eggs (Corino *et al.*, 2002). In this study camelina seed as a very rich source of omega 3 fatty acids was chosen. The camelina seed contained high amount of protein (30.61%) and fat (32.14%), but also high level of glucosinolates (28.09  $\mu\text{mol/g}$ ), which are harmful to farm animals (European Food Safety, 2008) wherefore it was necessary to apply some thermal treatment. The extrusion process is most effective for reducing the glucosinolate content of oilseeds (Tripathi and Mishra, 2007). However, when extruding oilseeds containing large amounts of fat, problems such as lubrication and limited product expansion, as well as oil leakage, change the quality of the final product. Therefore, it is necessary to extrude oilseeds with another raw material that shows good oil adsorption capacity. In our studies, corn meal was used for two reasons. The first reason is that corn is otherwise added to the feed of the laying hens in an amount of over 50%, and the second reason is that the germ has been removed so that this corn meal contains less than 1% oil. Extrusion of a 50:50 mixture of corn meal with oilseeds resulted in functional co-extrudates (CCM) in which almost the entire amount of oil came from oilseeds, which can be seen by comparing the fatty acid composition of camelina seeds with the fatty acid composition of the CCM shown in Table 3.

The complete chemical and fatty acid compositions of camelina seed and co-extrudate CCM are shown in Table 3. High level of protein and fat, especially high level of PUFAs and MUFAs which constituted 54.33% and 36.91% of total fat, respectively, makes it a suitable source of plant protein and essential  $\omega$ -3 and  $\omega$ -6 fatty acids in laying hen's diet (Table 3). High level of  $\alpha$ -linolenic acid (34.62%), eicosenoic acid (17.05%), linoleic acid (16.56%) and oleic acid (16.47%) obtained in this study (Table 3) were in the accordance

with other reported results (Budin *et al.*, 1995; Aziza *et al.*, 2013; Cherian and Quezada, 2016).

CCM represented a new functional product with added values, because of high level of PUFAs (56.51%) and MUFAs (34.45%) that constituted from  $\alpha$ -linolenic acid (34.85%), linoleic acid (18.79%), oleic acid (17.06%) and eicosenoic acid (14.43%). The extrusion process significantly lowered the content of

glucosinolates (from 28.09  $\mu\text{mol/g}$  to 4.19  $\mu\text{mol/g}$ ) in CCM while the other fatty acids were depicted in high levels, almost the same as they were in camelina seed (Table 3).

The influence of addition of CCM on the internal egg quality characteristics during one month feeding of laying hens is presented in Table 4.

**Table 3. Chemical and fatty acid composition of camelina seed and co-extrudate.**

Chemical composition (%)	CS <sup>A</sup>	CCM <sup>B</sup>
Moisture	6.49 $\pm$ 0.06 <sup>a</sup>	5.93 $\pm$ 0.08 <sup>b</sup>
Crude protein	30.61 $\pm$ 0.15 <sup>a</sup>	19.94 $\pm$ 0.21 <sup>b</sup>
Crude fat	32.14 $\pm$ 0.11 <sup>a</sup>	18.13 $\pm$ 0.16 <sup>b</sup>
Crude ash	3.45 $\pm$ 0.04 <sup>a</sup>	2.01 $\pm$ 0.06 <sup>b</sup>
Crude fibre	17.85 $\pm$ 0.13 <sup>a</sup>	3.49 $\pm$ 0.08 <sup>b</sup>
Glucosinolates ( $\mu\text{mol/g}$ )	28.09 $\pm$ 0.36 <sup>a</sup>	4.19 $\pm$ 0.14 <sup>b</sup>
Fatty acid composition (as % of total fatty acid methyl esters)		
C16:0 (palmitic acid)	4.67 $\pm$ 0.01 <sup>b</sup>	5.24 $\pm$ 0.10 <sup>a</sup>
C18:0 (stearic acid)	2.50 $\pm$ 0.06	2.45 $\pm$ 0.04
C18:1 $\omega$ -9 (oleic acid)	16.47 $\pm$ 0.18 <sup>b</sup>	17.06 $\pm$ 0.22 <sup>a</sup>
C18:2 $\omega$ -6 (linoleic acid)	16.56 $\pm$ 0.31 <sup>b</sup>	18.79 $\pm$ 0.06 <sup>a</sup>
C18:3 $\omega$ -3 ( $\alpha$ -linolenic acid)	34.62 $\pm$ 0.12	34.85 $\pm$ 0.43
C20:1 $\omega$ -9 (eicosenoic acid)	17.05 $\pm$ 0.06 <sup>a</sup>	14.43 $\pm$ 0.05 <sup>b</sup>
C20:2 $\omega$ -6 (eicosadienoic acid)	1.76 $\pm$ 0.03 <sup>a</sup>	1.61 $\pm$ 0.01 <sup>b</sup>
C20:3 $\omega$ -6 (dihomo- $\gamma$ -linolenic acid)	1.39 $\pm$ 0.01 <sup>a</sup>	1.26 $\pm$ 0.01 <sup>b</sup>
C22:1 $\omega$ -9 (erucic acid)	3.38 $\pm$ 0.15 <sup>a</sup>	2.96 $\pm$ 0.04 <sup>b</sup>
SFA <sup>C</sup>	8.67 $\pm$ 0.13 <sup>b</sup>	9.03 $\pm$ 0.16 <sup>a</sup>
MUFA <sup>D</sup>	36.91 $\pm$ 0.27 <sup>a</sup>	34.45 $\pm$ 0.20 <sup>b</sup>
PUFA <sup>E</sup>	54.33 $\pm$ 0.39 <sup>b</sup>	56.51 $\pm$ 0.37 <sup>a</sup>
$\omega$ -6	19.71 $\pm$ 0.27 <sup>b</sup>	21.66 $\pm$ 0.07 <sup>a</sup>
$\omega$ -3	34.62 $\pm$ 0.12	34.85 $\pm$ 0.43
$\omega$ -6/ $\omega$ -3	0.57 $\pm$ 0.00 <sup>b</sup>	0.62 $\pm$ 0.01 <sup>a</sup>

<sup>ab</sup>Different letters printed in superscript within the same row in the table show significantly different means of observed data (at  $p \leq 0.05$  level). <sup>A</sup>CS- Camelina seed; <sup>B</sup>CCM- Co-extrudate camelina seed and corn meal (50:50); <sup>C</sup>SFA - saturated fatty acids; <sup>D</sup>MUFA - monounsaturated fatty acids; <sup>E</sup>PUFA - polyunsaturated fatty acids

**Table 4. Effect of dietary inclusion of CCM on egg quality after 30 days of the feeding period.**

<i>Physical properties</i>	K1	K2	C1	C2
Egg weight, (g)	66.50 $\pm$ 1.42	67.55 $\pm$ 1.45	66.71 $\pm$ 1.77	66.57 $\pm$ 2.21
Yolk weight, (%)	25.67 $\pm$ 0.60	24.58 $\pm$ 0.60	25.78 $\pm$ 0.79	25.73 $\pm$ 0.63
Albumen weight, (%)	63.39 $\pm$ 0.63	64.03 $\pm$ 0.66	63.91 $\pm$ 0.85	63.84 $\pm$ 0.60
Shell weight, (%)	10.94 $\pm$ 0.44	11.39 $\pm$ 0.32	10.31 $\pm$ 0.19	10.42 $\pm$ 0.25
Shell thickness, (mm)	0.34 $\pm$ 0.03	0.35 $\pm$ 0.03	0.35 $\pm$ 0.00	0.34 $\pm$ 0.00
Yolk index	40.92 $\pm$ 0.73	44.76 $\pm$ 0.95	44.14 $\pm$ 1.20	42.27 $\pm$ 1.33
Yolk pH	6.04 $\pm$ 0.00	6.02 $\pm$ 0.00	6.02 $\pm$ 0.01	6.06 $\pm$ 0.01
Albumen pH	8.86 $\pm$ 0.02	8.82 $\pm$ 0.01	8.80 $\pm$ 0.01	8.72 $\pm$ 0.02

Between results within the same row in the table no significant differences (at  $p > 0.05$  level). K1 and K2 - control treatments; C1 and C2 - experimental treatments.

According to the obtained results, it can be observed that the differences in the nutrition of laying hens did not significantly ( $p > 0.05$ ) influence the egg weight, yolk weight, albumen weight, shell weight, shell

thickness, yolk index, yolk pH or albumen pH during the whole period of trial (Table 4). The obtained results were in the agreement with Cherian *et al.* (2009), Kakani *et al.* (2012) and Vasilachi *et al.* (2012) who reported that the

addition of camelina meal to laying hens diet did not deteriorate egg quality parameters. Conversely, Cherian and Quezada (2016) reported a decrease in egg and albumen weight in hens fed with 10% camelina seed, while Aziza *et al.* (2013) observed decreased yolk weight when laying hens were fed with 10% camelina meal.

The influence of inclusion of CCM and natural pigments in the hens diet on the parameters of egg yolk colour was demonstrated in Table 5. By adding natural pigments in C1 and C2 treatments the content of redness ( $a^*$ ),  $\beta$ -carotene, and RYCF significantly increased ( $p \leq 0.05$ ) while the content of lightness ( $L^*$ ) significantly decreased ( $p \leq 0.05$ ) in comparison with control treatment K1 where pigments were not added. The changes in the yellowness ( $b^*$ ) were not observed between these treatments. Also, the content of redness ( $a^*$ ) and RYCF in experimental treatment C1 was significantly lower ( $p \leq 0.05$ ) than in control treatment K2 while significant changes were not observed ( $p > 0.05$ ) between experimental treatment C2 and control treatment K2, although the same amount of pigments (1% carrot and 0.5% paprika) were added in both experimental treatments. This occurrence was perhaps due to the higher fat level that treatment C2 had (5%) in comparison with treatment C1 (3%), which contributed to the better

solubility of the pigments in treatment C2 and thus to the colour which is closer to parameters of the colour of egg yolk in treatment K2. On the other hand, parameters of colour between C1 and C2 were not significantly different ( $p > 0.05$ ), which indicates that the increased content of CCM did not affect the colour of egg yolk and that only the addition of natural pigments in laying hen's diet influenced the parameters of egg yolk colour. Vasilachi *et al.* (2012) and Cherian and Quezada (2016) reported that the addition of 10% camelina seed or 3% and 6% of camelina meal in hens diet didn't significantly effect egg yolk colour.

Yolk colour is highly subjective and varies considerably from one region to another, but in most of the countries of Europe and Asia, consumers prefer yellow-orange yolks, which are about 10 to 14 RYCF (Galobart *et al.*, 2004; Chowdhury *et al.*, 2008). In that respect, acceptable egg yolk colour values (12.67-13.28 per RYCF) were achieved in both experimental treatments (with 1% of carrots and 0.5% of paprika and CCM), and thus these eggs are preferable for consumers. The RYCF values of egg yolk colour are in accordance with literature data (Galobart *et al.*, 2004; Hernandez, 2005; Kralik *et al.*, 2006; Bovškova *et al.*, 2014).

**Table 5. Effect of dietary inclusion of CCM, carrot and paprika on yolk colour during 30 days of the feeding period.**

Variable	K1	K2	C1	C2
$L^*$	51.47 ± 0.54 <sup>a</sup>	48.81 ± 0.54 <sup>b</sup>	48.79 ± 0.76 <sup>b</sup>	47.93 ± 0.63 <sup>b</sup>
$a^*$	0.56 ± 0.25 <sup>c</sup>	13.32 ± 0.22 <sup>a</sup>	9.61 ± 0.32 <sup>b</sup>	10.90 ± 1.01 <sup>ab</sup>
$b^*$	38.08 ± 1.01 <sup>a</sup>	36.20 ± 1.20 <sup>a</sup>	36.17 ± 1.30 <sup>a</sup>	34.88 ± 1.11 <sup>a</sup>
$\beta$ -carotene( $\mu\text{g/g}$ )	29.97 ± 0.13 <sup>b</sup>	55.15 ± 1.04 <sup>a</sup>	49.36 ± 0.51 <sup>a</sup>	48.80 ± 0.79 <sup>a</sup>
RYCF	8.28 ± 0.28 <sup>c</sup>	14.17 ± 0.22 <sup>a</sup>	12.67 ± 0.22 <sup>b</sup>	13.28 ± 0.35 <sup>ab</sup>

<sup>a-c</sup> Different letters printed in superscript within the same row in the table show significantly different means of observed data (at  $p \leq 0.05$  level). K1 and K2 - control treatments; C1 and C2 - experimental treatments.

Total fatty acids (FA) profile of egg yolk is presented in Table 6. With the addition of CCM in hen's diet, the content of total SFA (C14:0, C16:0, C18:0, C22:0) was significantly lower ( $p \leq 0.01$ ) in experimental treatments C1 (35.76%) and C2 (36.57%) in comparison with the control treatments K1 (40.21%) and K2 (38.97%). This reduction can be explained by the significant ( $p \leq 0.05$ ) reduction of the content of the palmitic acid, major saturated fatty acid in feed mixtures. There were no significant differences ( $p > 0.05$ ) in the content of other saturated fatty acids in experimental treatments compared to the control ones, except in the content of behenic acid in the experimental treatment C1. These results were in the accordance with the previous researches of Cherian *et al.* (2009) and Aziza *et al.* (2013) who reported that the addition of camelina meal decrease the content of palmitic acids in egg yolk.

The content of total MUFAs significantly increased ( $p \leq 0.01$ ) in egg yolk from laying hens fed

CCM due to significantly higher ( $p \leq 0.01$ ) content of oleic acid (major MUFA) and eicosenoic acid in experimental treatments C1 and C2 in comparison with control treatments K1 and K2. The content of palmitoleic acid was higher in treatments where hens were fed 3% fat (K1 and C1) than in treatments where hens were fed 5% fat (K2 and C2).

PUFAs content had higher values in eggs from laying hens fed with higher fat content (5% in K2 and C2) in comparison with eggs from laying hens fed with lower fat content (3% in K1 and C1). Feeding laying hens with different sources of fat, in control treatments with corn and soybean oil, and in experimental treatments with co-extrudates of camelina, led to the increase in  $\omega$ -6 fatty acids in the control treatments in contrary to the increase of  $\omega$ -3 fatty acids in the experimental treatments. For this reason, the content of PUFAs between control and experimental treatments were no significant ( $p > 0.05$ ) after 30 days of the feeding period.

**Table 6. Content of fatty acid composition in egg yolk during 30 days of the feeding period.**

Fatty acid	K1	K2	C1	C2
Myristic acid (C14:0)	0.31 ± 0.01 <sup>a</sup>	0.27 ± 0.01 <sup>a</sup>	0.29 ± 0.00 <sup>a</sup>	0.25 ± 0.00 <sup>a</sup>
Palmitic acid (C16:0)	28.26 ± 0.06 <sup>a</sup>	26.79 ± 0.09 <sup>b</sup>	24.43 ± 0.03 <sup>c</sup>	24.52 ± 0.13 <sup>c</sup>
Stearic acid (C18:0)	11.07 ± 0.03 <sup>a</sup>	11.46 ± 0.07 <sup>a</sup>	10.53 ± 0.01 <sup>a</sup>	11.26 ± 0.22 <sup>a</sup>
Behenic acid (C22:0)	0.26 ± 0.01 <sup>a</sup>	0.26 ± 0.01 <sup>a</sup>	0.18 ± 0.00 <sup>b</sup>	0.20 ± 0.00 <sup>ab</sup>
<b>SFA<sup>A</sup></b>	<b>40.21 ± 0.06<sup>a</sup></b>	<b>38.97 ± 0.09<sup>a</sup></b>	<b>35.76 ± 0.06<sup>b</sup></b>	<b>36.57 ± 0.35<sup>b</sup></b>
Palmitoleic acid (C16:1)	2.44 ± 0.04 <sup>a</sup>	1.72 ± 0.03 <sup>b</sup>	2.41 ± 0.04 <sup>a</sup>	1.93 ± 0.03 <sup>b</sup>
Oleic acid (C18:1 $\omega$ -9)	42.12 ± 0.41 <sup>ab</sup>	41.85 ± 0.38 <sup>b</sup>	45.93 ± 0.09 <sup>a</sup>	44.44 ± 0.22 <sup>ab</sup>
Eicosenoic acid (C20:1 $\omega$ -9)	0.00 ± 0.00 <sup>b</sup>	0.00 ± 0.00 <sup>b</sup>	0.52 ± 0.05 <sup>a</sup>	0.53 ± 0.02 <sup>a</sup>
<b>MUFA<sup>B</sup></b>	<b>44.91 ± 0.35<sup>bc</sup></b>	<b>43.97 ± 0.32<sup>c</sup></b>	<b>49.25 ± 0.00<sup>a</sup></b>	<b>47.35 ± 0.19<sup>ab</sup></b>
Linoleic acid (C18:2 $\omega$ -6)	13.19 ± 0.23 <sup>a</sup>	14.90 ± 0.36 <sup>a</sup>	9.43 ± 0.02 <sup>b</sup>	9.89 ± 0.13 <sup>b</sup>
ALA <sup>C</sup> (C18:3 $\omega$ -3)	0.77 ± 0.03 <sup>b</sup>	0.98 ± 0.03 <sup>b</sup>	3.89 ± 0.07 <sup>a</sup>	4.29 ± 0.09 <sup>a</sup>
Eicosadienoic acid (C20:2 $\omega$ -6)	0.14 ± 0.00 <sup>a</sup>	0.14 ± 0.00 <sup>a</sup>	0.05 ± 0.02 <sup>a</sup>	0.13 ± 0.00 <sup>a</sup>
EPA <sup>D</sup> (C20:5 $\omega$ -3)	0.03 ± 0.00 <sup>b</sup>	0.04 ± 0.00 <sup>b</sup>	0.17 ± 0.00 <sup>a</sup>	0.18 ± 0.00 <sup>a</sup>
DHA <sup>E</sup> (C22:6 $\omega$ -3)	0.62 ± 0.03 <sup>b</sup>	0.69 ± 0.03 <sup>b</sup>	1.38 ± 0.07 <sup>a</sup>	1.34 ± 0.05 <sup>a</sup>
<b>PUFA<sup>F</sup></b>	<b>14.87 ± 0.30<sup>a</sup></b>	<b>17.00 ± 0.26<sup>a</sup></b>	<b>14.99 ± 0.06<sup>a</sup></b>	<b>16.08 ± 0.17<sup>a</sup></b>

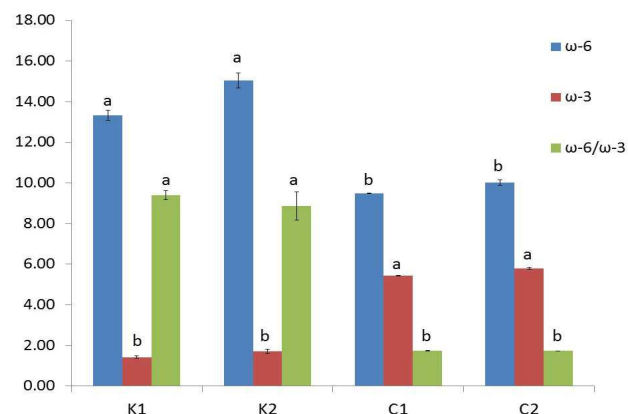
<sup>abc</sup>Different letters printed in superscript within the same row in the table show significantly different means of observed data. <sup>A</sup>SFA - saturated fatty acids; <sup>B</sup>MUFA - monounsaturated fatty acids; <sup>C</sup>ALA-  $\alpha$ -linolenic acid, <sup>D</sup>EPA-eicosapentaenoic acid; <sup>E</sup>DHA-docosahexaenoic acid; <sup>F</sup>PUFA - polyunsaturated fatty acids. K1 and K2 - control treatments; C1 and C2 - experimental treatments.

ALA, EPA and DHA were significantly higher ( $p \leq 0.001$ ) in both experimental treatments than in control treatments, which can be explained by the addition of CCM in laying hens diet. Thus, the content of ALA was 5 times higher in the experimental treatment C1 (3.89%) than in control treatment K1 (0.77%) and 4 times higher than in control treatment K2 (0.98%). ALA level was 5.6 and 4.4 times higher in the experimental treatment C2 (4.29%) than it was in the control treatments K1 and K2, respectively. EPA content was from 4.3 to 6 times higher in experimental treatments C1 and C2 than in control treatments K1 and K2, while DHA content was 2 times higher in experimental treatments. Obtained results were very desirable from the point of human health and justifies the use of CCM. The results in this study were in accordance with other research (Rokka *et al.*, 2002; Valkonen *et al.*, 2007; Aronen *et al.*, 2009; Cherian *et al.*, 2009; Kakani *et al.*, 2012; Aziza *et al.*, 2013; Cherian and Quezada, 2016).

Content of linoleic acid was significantly lower ( $p \leq 0.05$ ) in eggs from experimental treatments C1 (9.43%) and C2 (9.89%) in comparison with the control treatments K1 (13.19%) and K2 (14.90%). These results can be explain by replacement of corn rich in linoleic acid in control treatments with CCM and corn meal in experimental treatments. Likewise, substitution of corn with corn meal and CCM led to a significantly lower ( $p \leq 0.001$ )  $\omega$ -6/ $\omega$ -3 ratio in experimental treatments C1 and C2 compared to the control treatments K1 and K2 (Fig. 1).

Total content of  $\omega$ -6 fatty acids was significantly higher ( $p \leq 0.001$ ) in the control treatments K1 (13.33%) and K2 (15.04%) than in experimental treatments C1 (9.48%) and C2 (10.03%), while the total content of  $\omega$ -3

fatty acids was significantly higher ( $p \leq 0.001$ ) in experimental treatments C1 (5.44%) and C2 (5.80%) than in control treatments K1 (1.42%) and K2 (1.71%).

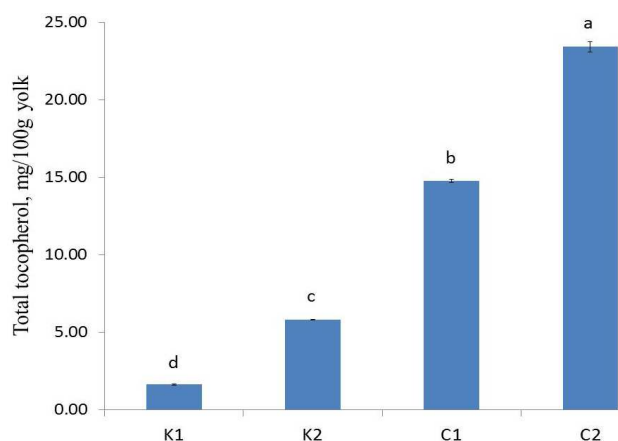
**Fig. 1. Changes in total content of  $\omega$ -3 and  $\omega$ -6 fatty acids**

<sup>ab</sup>Means between treatments and within a fatty acid type without a common letter differ significantly ( $p \leq 0.001$ ) (K1 and K2- control treatments, C1 and C2 – experimental treatments).

The  $\omega$ -6/ $\omega$ -3 ratio was significantly lower ( $p \leq 0.001$ ) in experimental treatments C1 (1.74) and C2 (1.73) than in control treatments K1 (9.40) and K2 (8.88).

This ratio was below 2 in both experimental treatments C1 and C2, which was lower compared to the  $\omega$ -6/ $\omega$ -3 ratio from the previously published studies in which the additions of camelina meal or seed in laying hens diet were investigated (Rokka *et al.*, 2002; Cherian *et al.*, 2009; Kakani *et al.*, 2012; Aziza *et al.*, 2013; Cherian and Quezada, 2016).

Total tocopherols profile in egg yolk is presented in Fig. 2. The content of total tocopherols was significantly higher ( $p \leq 0.05$ ) in eggs from hens fed control diet with 5% fat (K2) in comparison with control diets where the hen fed with 3% fat (K1). The tocopherol content of egg yolk from hens fed diets enriched with vitamin E was significantly higher ( $p \leq 0.05$ ) than those from the hens fed with the control diets. An increased supply of CCM in the diet linearly increased the amount of tocopherol in the egg yolk. Thus, tocopherol content in the experimental treatment of C1 was 9 and 2.5 times higher compared to the control treatment K1 and K2, respectively. In the experimental treatment C2 tocopherol content was 14 and 4 times higher compared to the control treatments K1 and K2, respectively. The obtained results were in the agreement with Hayat *et al.* (2010).



**Fig. 2. Content of total tocopherols in the egg yolk of laying hens**

<sup>a-d</sup>Means between treatments without a common letter differ significantly ( $p \leq 0.05$ ) (K1 and K2- control treatments, C1 and C2 – experimental treatments)

**Conclusion:** Extrusion of camelina seed and corn meal mixture successfully provided a new functional product with added value (CCM) due to its high PUFAs (56.51%) and MUFAs (34.45%) level, as well as low glucosinolates content (4.19  $\mu\text{mol/g}$ ).

Inclusion of CCM in hen's diet did not negatively affect any of egg quality parameters. Also, the addition of CCM in combination with natural pigments (1% carrot and 0.5% paprika) gained desired values of colour 12.67-13.28 RYCF.

The addition of functional product CCM in hen's diet significantly lowered the content of SFA and increased the content of MUFA and PUFA, with a special focus on higher values of ALA, EPA and DHA in the experimental treatments in comparison with the control ones. Also, egg yolk from hens fed camelina-corn meal co-extrudate had a lower level of  $\omega$ -6 and a higher level of  $\omega$ -3 fatty acids in comparison to yolk from hens fed the control diet. This led to the low  $\omega$ -6/ $\omega$ -3 ratio (below 2) in the experimental treatments.

The obtained results from this study indicated that the addition of CCM and natural pigments in hen's diet gives the possibility to produce functional egg with attractive colour for customers and desirable fatty acid composition.

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